



In this edition of the Chair's Report, there's much to cover, including developments with urgent care, frail older people and the CQC inspection at BHRUT. Add to that my fantastic Plantastic Gardens visit, and details of some upcoming conference and workshop activity, and it's a busy time for the Board...

I would welcome Board Members to comment on any item covered should they wish to do so.

Helpful videos!

I have recently seen two videos which I wanted to bring to the attention of Members of the Board to watch and to share with their teams:

- Barking and Dagenham CCG have produced an animation which clearly explains what the Clinical Commissioning Group do and how the NHS works. This helpful video is only 2 minutes long and can be found on the right hand side of the CCG homepage.
<http://www.barkingdagenhamccg.nhs.uk/>
- The King's Fund have also recently released an animation which explains 'integrated care' and what it means for patients. Again, this short video (3mins) explains the concept in a clear and concise way and challenges viewers to think about better patient outcomes from more joined up services: <http://www.kingsfund.org.uk/audio-video/joined-care-sams-story>

Plantastic Gardens visit

As I mentioned at the last Health and Wellbeing Board, on 7 September I visited the Plantastic Prescription Gardens in Dagenham as part of the Council's 'Back-to-the-floor' programme.

Plantastic was set up to provide food growing activities for local people who face mental and physical health challenges. Members attending benefit from adapted healthy gardening exercises, allowing them to learn new skills. I really enjoyed the opportunity to get involved in the project at Plantastic - this oasis of calm, but equally productivity, provides a unique venue for many different people to get involved and ticks many of the objectives for the delivery of our own Board's approach to health and wellbeing.

If you would like to find out any more about Plantastic Gardens, please contact Kathy Mason on 020 8590 9151 or email epo-communitygardening@hotmail.co.uk.

OBESITY SUMMIT

As agreed at the last Board, we are going to hold an 'Obesity Summit' to set out our 'concerted effort' to tackle obesity over the next year. The Executive Planning Group have been making plans and invitations have been sent to the Board and subgroups for the afternoon of 16 December.

Plans are still in development but we are looking at a key note speaker on nudge theory and behavioural change to get people thinking differently, followed by workshops and a plenary discussion. If you have any ideas for the event, please contact Andy Beckingham, Public Health Consultant on Andy.Beckingham@lbbd.gov.uk or 020 8227 8275.

Barking and Dagenham Annual Partnership Conference

Members of the Health & Wellbeing Board and subgroups will have been invited to the Barking and Dagenham Annual Partnership Conference on the morning of **Wednesday, 13 November 2013.**

This year the conference will cover two main themes. Firstly, reviewing the Community Strategy and hearing from the theme boards (including HWBB) about past achievements and future aims. The second part has a focus on Civic Engagement. Four interactive workshops are being hosted by the Boards, with our own Board hosting a workshop on civic engagement and emotional wellbeing. We aim to promote the work already going on in the Borough to support residents in their emotional wellbeing and talk about how we can improve our engagement and utilise opportunities that are available that we might not yet have explored.

To book or for more info, contact partnership@lbbd.gov.uk or 020 8227 2463.

Our New Year Development Day...

The final event to let you all know about is the Board's Development Day in the New Year. The Development Day will take place on Monday 13 January 2014 and will be facilitated again by Ian Winter who we thought did a fantastic job at our last session earlier this year. We would hope to get an agenda out to attendees in the next month, however we think that the following will be explored:

- Reviewing the 'Engine Room' of the Health and Wellbeing Board, including the Board's relationship with subgroups, forward planning and administration.
- Challenges for Year 2 of the Health and Wellbeing Board.
- How can we do things differently as a Board? (using a real life example)

These events are great opportunities to refresh our focus for the coming year. More info, contact Glen Oldfield on Glen.Oldfield@lbbd.gov.uk or 020 8227 5796.

Life Study

The Institute of Child Health with support from UCL partners are working with partners in the BHR health and social care economy to undertake a world-leading research study which will be used to understand and improve the lives of UK children and their families. The Life Study is a high profile and ambitious study, which will follow children through to adult life starting in pregnancy with a strong focus on the first year of life. The study focuses on many health and social issues of concern to local population and stakeholders. Pregnant mothers at Queen's Hospital will be invited to join the study, which has obtained Ethics Committee approval. The study is likely to be based at King George Hospital.

An outline of the study has been presented to members of the Integrated Care Coalition and further discussions are due to take place shortly with local Directors of Children's Services and Directors of Public Health. We expect a more comprehensive presentation at a future Board meeting.



Winter pressures and 7 day working

As Members of the Board will remember, the Secretary of State has made £7m available to the Barking & Dagenham, Havering & Redbridge health economy, to support the local emergency care system over the Winter period. Colleagues across the local health economy, through the Urgent Care Board, have put forward a bid for the winter monies with the intention of:

- Expanding Urgent Care hours;
- Integrating 7 day working across acute and social care providers;
- Expanding solutions to stream patients to more appropriate care settings;
- Supporting attempts to improve senior staffing levels in A&E.

We are still waiting to hear whether these plans have been approved. However, an important it should be noted that all partners, including the Council's Social Care services, will be implementing 7 day working from 1 November to ensure that patients receive a joined up service in which patients can be discharged quickly from hospital on any day of the week.

Update on the Joint Assessment and Discharge (JAD) service

The Health and Wellbeing Board agreed in September to the proposals for a shared Joint Assessment and Discharge Service (JAD). Final proposals were discussed at the Integrated Care Coalition on 14 October 2013. While all Coalition partners signed up to the principle of a joint discharge team for patients with complex needs, London Borough of Redbridge stated that they were unable to join an integrated service covering BHRUT at this point. They will consider joining in the arrangements when the service is established.

Coalition partners have asked for an urgent redesign of the JAD proposal to take into account these changes and further updates will be brought to the Board in due course.

Frail Older People

One of the Urgent Care Board's priorities is a 18-24 month programme focussed on frail elders being led by UCLP and the Innovation Unit and overseen by the CCG Strategic Delivery team. The aim is to provide the foundation for targeted interventions, in the short term to prepare for winter, and in the longer term to ensure a coordinated approach for better supporting frail and older populations across the BHR health economy.

The team have undertaken an audit in A&E at Queens Hospital, interviewing 293 frail older people in order to understand their journey to hospital, to identify interventions which might have provided an alternative to hospital attendance and to support mapping work on patient demand. Key findings include:

- 25% of presentations were as a result of a fall
- 91% were brought by ambulance
- Over 50% of attendances were called by carers
- Professional carers often called ambulances as a 'default reaction'
- A significant number of attendances were repeats calls
- Most patients and carers were unaware of alternatives to A&E

On 9 October a stakeholder workshop was held, bringing together the strands of audit work, to discuss and agree areas where we could work together to make improvements, and inform the next stages of the programme.

For further information please contact Tara-Lee Baohm, Strategic Delivery Project Manager, BHR CCGs tara-lee.baohm@onel.nhs.uk